

# COVID-19 & THE TRANSITION TO COLLEGE STUDY

FALL 2022 - MARQUETTE UNIVERSITY

## STUDY SUMMARY

In summer 2021, we began a project to explore the experiences of COVID-19 and transition to college. We have been looking at how the pandemic affected this formative time in students' lives. Our work began with Marquette University incoming students in fall 2021 and has expanded to a 2nd cohort and multiple institutions in 2022. More details on the study can be found on the study website.

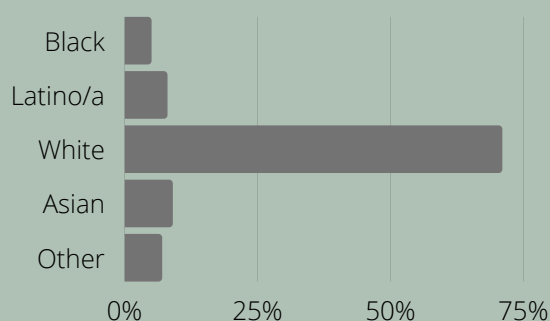
## MARQUETTE SURVEY SUBGROUP

### SAMPLE

Total Participants: 94

- 64% identify as female, 35% as male
- 20% had free/reduced school lunch
- 17% estimated family income <\$50,000 and 22 % between \$50 and 100,000

### RACE/ETHNICITY



### PERCENT OF STUDENTS WHO

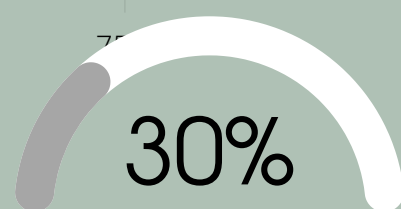


### FLOURISHING

44.8

AVERAGE OUT OF 56 ON FLOURISHING MEASURE, INDICATING VERY HIGH PSYCHOLOGICAL WELL-BEING AND LIFE SATISFACTION

### MENTAL HEALTH



AT RISK FOR DEPRESSION AND ANXIETY DISORDERS

NOTE: 37.8% OF STUDENTS OF COLOR WERE AT RISK

### BELONGING

	Overall	Students of Color	First Generation Students
I feel a sense of belonging at Marquette	69 % Agree	61 % Agree	79 % Agree
I am happy to be at Marquette	70 % Agree (38 % Strongly Agree)	64 % Agree	71 % Agree

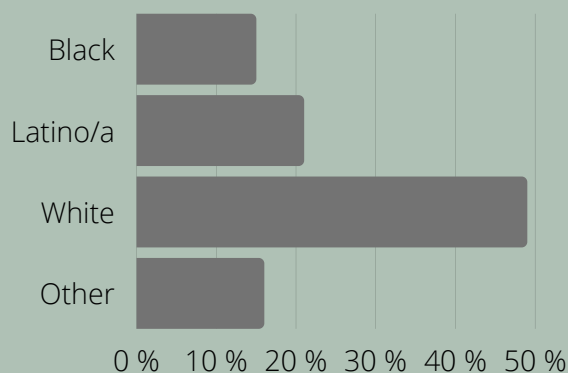
## MARQUETTE INTERVIEW SUBGROUP

### SAMPLE

Total Participants: 41

- 33% had free/reduced school lunch
- 39% did not have a parent with 4-year or graduate degree
- 87% living on campus
- 16 identified as male, 22 as female, 3 as gender variant/non-conforming

### RACE/ETHNICITY



### Main Themes

- 1) 2020 as a time of growth (personal or otherwise).
- 2) Struggles varied but those with strong support systems were able to weather the pandemic with more ease.
- 2) Online learning was not a good experience and many lost motivation. Return to in-person was not smooth.
- 3) New coping strategies, like physical activity, time with family, social media.
- 4) As takeaways, many described feeling gratitude, realizing they were more resilient than they thought, and trying to take advantage of what they have.

### Examples

"it was definitely a challenge. But it just like, made me like feel that I can do anything. It's really not nothing impossible to just put your mind to it. And you can recover or get anything done that you want to get done."

"Just being in my room with my computer wasn't really motivating to do work. And now...it's gotten better because my senior year did help me a lot. So then I'm starting to get used to a lot more and feel better going to university as a freshman."

COVID-19 and the Transition to College Study Website:

<https://www.marquette.edu/education/centers-and-clinics-research/emerging-from-covid-research.php>