

JEFFREY J. WILKENS, PT, DPT, OCS

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CURRENT POSITIONS

Assistant Clinical Professor, Department of Physical Therapy, Marquette University, Milwaukee, WI

Clinic Director, Marquette University Physical Therapy Clinic, Department of Physical Therapy, Marquette University, Milwaukee, WI

EDUCATION:

Bachelor of Arts: Sociology, Marquette University, Milwaukee, WI 1997

Master of Physical Therapy, Marquette University, Milwaukee, WI 1999

Doctor of Physical Therapy, Evidence in Motion, Louisville, KY 2015

HONORS/AWARDS:

Magna Cum Laude Marquette University May 1999

Daniel Strelnick Award for Clinical Excellence
Marquette University Department of Physical Therapy May 1999

LICENSURE/CERTIFICATIONS:

Licensed Physical Therapist - Wisconsin 6312-24
WI Dept of Safety and Professional Services July 1999 - present

Orthopedic Certified Specialist
American Board of Physical Therapy Specialties March 2015 - present

APTA Credentialed Clinical Instructor
American Physical Therapy Association March 2012 - present

CPR/AED for the Professional Rescuer
American Red Cross May 1999 - present

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association	1999 – present
Orthopedic Section of APTA	2003 - present
Private Practice Section of APTA	2018 - present
Wisconsin Physical Therapy Association	1999 – present

PREVIOUS EMPLOYMENT:

Physical Therapist II Froedtert & Medical College of Wisconsin Sports Medicine Center, Wauwatosa, WI	Nov 2005 – Oct 2011
Physical Therapist, Marketing Director, Clinic Manager Balistreri and Associates Physical Therapy, Kenosha, WI	June 2000 – Nov 2005
Physical Therapy Lab Supervisor <i>Exercise Physiology and Measurements</i> Marquette University, Milwaukee, WI	2000-2001, 2005-2006
Physical Therapist Kenosha Unified School District, Kenosha, WI	Aug 1999 – June 2000

TEACHING – Marquette University:

PHTH 7528 Tests and Measurements	2018 – Present
PHTH 1001 Introduction to Physical Therapy w/ Medical Terminology	2015 – Present
PHTH 7533 Orthopedics I & II, Lab Instructor	2016 - 2018
PHTH 9704 Professional Supplemental Experience - Students enrolled for ComMUnity PT Clinic	2013 – Present
MARQ 9007 Undergraduate IPE module - Concurrent online IPE module with PHTH 1001	2016
PHTH 7518 Physiology of Activity, Lab Instructor	2014 - 2017
PHAS 7050 Intro to Medical History and Physical Exam, Lab Instructor	2015 – Present

INTERPROFESSIONAL EDUCATION EXPERIENCE

Clinical Skills Workshop, Bench to Bedside, Medical College of WI	Fall 2017 - 2019
Foundations of Clinical Medicine, Medical College of Wisconsin	Fall 2015 - Fall 2017
Foundation Capstone, Medical College of Wisconsin	Spring 2016 - 2018
- Both are joint experiences with 1 st /2 nd year med students and PT students	
Marquette IPE day facilitator	Fall 2019
Orthopedic Examination Labs, Marquette University Physician Assistant Program	2015-present

LECTURES/PRESENTATIONS

- Oh! My Aching _____. Ergonomic Considerations for the Dental Professional - CE presentation for Marquette Dental School (*Sept 2018*)
- Temporomandibular Joint Disorders - CE presentation for Marquette Dental School (*Oct 2017*)
- MED Talks - panel discussion on orthopedics for AMSA Marquette chapter (*Fall 2016*)
- Therapeutic Exercise lecture for Exercise Physiology Course (*Fall 2014, Fall 2016*)
- Running Analysis Lab - MCW Sports Medicine Symposium (*2011*)
- Capsular Pattern Limitations - Hip Series for Clinical Competency, Froedtert Health (*2009*)
- Palpation of the Shoulder - Shoulder Series for Clinical Competency, Froedtert Health (*2006*)

CLINICAL INSTRUCTION/TRAINEES

Novice clinical internship (4 wks), Ryan Sung, Marquette University	2019
Advanced clinical internship (9 wks), AJ Butts, Marquette University	2018
Novice clinical internship (4 weeks), Annie Stahl, Marquette University	2017
Advanced clinical internship (9 wks), Therese Casey, Marquette University	2017
Advanced clinical internship (9 wks), Michael Branda, Marquette University	2016
Advanced clinical internship (9 wks), TJ Mochel, Marquette University	2015
Advanced clinical internship (9 wks), Julia Badding, Marquette University	2015
Novice clinical internship (4 wks), Corrine Gustin, Marquette University	2015
Advanced clinical internship (8 wks), Vaan Bhatia, Marquette University	2014
Novice clinical internship (4 wks), Rebecca Voss, Marquette University	2014
Advanced clinical internship (8 wks), Matthew Klinker, Marquette University	2013
Intermediate clinical internship (10 wks), Kelly McKenna, Marquette University	2013
Advanced clinical internship (8 wks), Lauren Miller, Marquette University	2012
Advanced clinical internship (8 wks), Matthew Krimmer, Marquette University	2011
Advanced clinical internship (8 wks), Matthew Pitton, Marquette University	2009
Advanced clinical internship (8 wks), Danielle Rameriz, Marquette University	2008
Advanced clinical internship (8 wks), Lora Mielcarek, Marquette University	2007

SERVICE

Marquette University Master Planning Health and Wellness Subcommittee	2015-2016
Marquette ComMUnity Physical Therapy Pro Bono Clinic Faculty Advisor	2012-present
Marquette University Employee Wellness Committee	2017-present
Marquette University - Search committee, Director of Clinical Services SPPA	2018
Marquette University - Search committee, Executive Director Medical Clinic	2018
Marquette University - COVID-19 External Response Committee	present
Marquette University - COVID-19 Clinical Director Committee	present
WPTA Opioid Taskforce - Planned 1 st Pain Workshop in Fall 2019	present

CONTINUING EDUCATION

WPTA Pain Workshop, WPTA (<i>September 2019</i>)	
Leadership Development Program, Marquette University (<i>June 2018</i>)	
Timothy W. Flynn, PT, PhD - Olson Lectureship, Marquette University: "Pain in America- Physical Therapist Solution to a Raging Epidemic." (<i>November 4, 2017</i>)	
Marquette University - Blurred Lines: Ethics at the Nexus of Science, Technology and Rehabilitation (<i>February 2017</i>)	
Institute of Clinical Excellence - Total Spine Thrust Manipulation (<i>November 2016</i>)	
Evidence in Motion: Management of Cervicothoracic, Lumbopelvic, Upper Extremity and Lower Extremity (<i>2014-2015</i>)	
APTA - Certified Clinical Instructor course (<i>2012</i>)	
Froedtert Health Leadership Academy Courses: (<i>2010-2011</i>)	
Managing Multiple Priorities	
Using the Coach Approach	
Transitioning from Staff to Leader	
The Athletic and Arthritic Hip and Everything In Between - UW-Lacrosse (<i>2011</i>)	
MCW Sports Medicine Symposium (<i>2006, 2007, 2008, 2009, 2010, 2011</i>)	
Referral Development, Marketing, and Public Relations Courses - Survival Strategies Private Practice Consultants (<i>2002-2005</i>)	
Functional Orthopedics I&II - Institute of Physical Art (<i>2002, 2003</i>)	
FCE Provider Certification Course - Vernova (<i>2002</i>)	
Myofascial Release I - Barnes Institute (<i>2001</i>)	
Back School of Atlanta Ergonomic Assessment (<i>2001</i>)	